



Pantry Kitchen Restaurant Ltd.

Pantry Kitchen Catering

265 Archimedes Street,
New Glasgow NS. B2H 2V1
902 755 2292

www.pantrykitchen.ca

E-mail: pantrykitchenrestaurant@yahoo.ca



Sandwiches – Wraps – Croissants	Page 2
Soups – Chowders - Salads	Page 3
Nutrition Break	Page 4
Beverages	Page 4
Hot Buffet Luncheons	Page 5
Luncheon Desserts	Page 5
Brown Bag Lunches	Page 5
Taco Bar– Mac & Cheese Bar	Page 6
Sliders	Page 6
Platters and Boards	Page 7
<i>Dinner Menu</i>	
Starter Salads and Soups	Page 8
Plated Dinners	Page 9
Desserts	Page 10
Buffet Dinners	Page 11-12
Salad Descriptions	Page 13
Policies	Page 14

Sandwich and Wrap Tray

Roast Beef ~ Chicken Breast ~ Black Forest Ham and Cheese

Chicken Salad ~ Tuna Salad ~ Egg Salad

Chicken Ranch & Cheddar Cheese ~ Chicken Caesar

Shaved Black Forest Ham and Mozzarella Cheese ~ BBQ Chicken

Large Tray 6 Sandwiches/4 Wraps	\$63.00
Medium Tray 4 Sandwiches/2 Wraps	\$37.80
Per each	\$6.30

Sandwich Tray

Roast Beef ~ Chicken Breast ~ Black Forest Ham and Cheese

Chicken Salad ~ Tuna Salad ~ Egg Salad

Large Tray 10 Sandwiches	\$60.00
Medium Tray 6 Sandwiches	\$36.00
Per each	\$6.00

Wrap Tray

Shaved Roast Beef & Honey Mustard ~ Chicken Ranch & Cheddar Cheese

Shaved Black Forest Ham and Mozzarella Cheese ~ Chicken Caesar

BBQ Chicken ~ Tuna and Cheddar ~ Pastrami and Swiss Cheese

Large Tray 10 Wraps	\$67.50
Medium Tray 6 Wraps	\$40.50
Per each	\$6.75

Croissant Tray

Roast Beef & Honey Mustard ~ Chicken Breast with Cranberry Mayo

Black Forest Ham and Mozzarella Cheese ~ Chicken Salad ~ Pastrami & Swiss Cheese

Large Tray 10 Croissants	\$67.50
Medium Tray 6 Croissants	\$40.50
Per each	\$6.75

Dietary Restriction Requests: Additional Charge \$2.00 to \$4.00

Cocktail Sandwiches *For that special occasion we offer a variety of specially designed cocktail sandwiches, attractively garnished and displayed on glass platters.*

Per Dozen	\$27.00
<i>Contact us for details.</i>	

Soups

***Minimum order of 15 servings per selection
\$5.75***

Turkey Vegetable
Beef Vegetable
Tomato Cheddar
Chicken Wild Rice and Mushroom
Chicken Noodle
Beef Barley
Tomato Vegetable

Soups includes Crackers

Chowders

Minimum order of 15 servings per selection

Seafood Chowder *Haddock ~ Baby Clams ~ Shrimp ~ Scallops* **\$11.50**
Chicken Corn and Bacon Chowder **\$8.50**

Chowders includes Rolls/Butter

Salad Selection

Minimum order of 15 servings per selection

Garden Salad **\$5.50 per person**
Spring Mix Lettuce with Broccoli ~ Cauliflower ~ Cucumber ~ Celery
Red and Green Bell Peppers ~ Cherry Tomatoes, *Served with Assorted Dressings*

Spinach Salad **\$6.75 per person**
Baby Spinach with Mushrooms ~ Mandarin Oranges ~ Grated Egg ~ Cherry Tomatoes
Mozzarella Cheese ~ Sliced Almonds, *Served with Poppyseed Dressing*

Berry Mandarin and Monterey Jack Cheese Salad **\$6.75 per person**
Mixed Greens with Strawberries ~ Blueberries ~ Raspberries ~ Orange Mandarins
Sliced Almonds ~ Monterey Jack Cheese, *Served with Raspberry Vinaigrette*

Caesar Salad **\$5.50 per person**
Crisp Romaine with Bacon Bits ~ Garlic Croutons ~ Grated Parmesan Cheese
Served with Caesar Dressing

Greek Salad **\$6.75 per person**
Crisp Romaine ~ Cherry Tomatoes ~ Cucumber ~ Red Onions ~ Bell Peppers
Kalamata Olives ~ Feta Cheese, *Served with Greek Extra Virgin Olive Oil Dressing*

Vegetable Pasta Salad **\$6.75 per person**
Gemelli Pasta with Broccoli ~ Cauliflower ~ Cucumber ~ Celery
Red and Green Bell Peppers ~ Cherry Tomatoes *Mixed with Red Pepper, Parmesan Dressing*

Quinoa Salad **\$6.50 per person**
Avocado ~ Chopped Spinach Leaves ~ Cucumber ~ Cherry Tomatoes ~ Green Onions
Maple Glazed Cashews ~ Pumpkin Seeds *Mixed with a Maple Balsamic Vinaigrette*

Nutrition Break

Muffins, Pastries & Cinnamon Rolls		\$2.55 each
Squares	<i>Medium 30 Pieces</i>	\$40.50
	<i>Large 40 Pieces</i>	\$54.00
Cookie Tray	<i>Medium 30 Pieces</i>	\$37.50
	<i>Large 40 Pieces</i>	\$50.00
Sweet Loaf Tray	<i>Medium 30 Pieces</i>	\$37.50
	<i>Large 40 Pieces</i>	\$50.00
Fruit Basket		\$2.75 per piece
<i>Assorted Fresh Fruits</i>		
Yogurt Assorted Flavors		\$1.95 each
Granola Bars		\$1.95 each
Fruit Platter		\$69.95 Large ~ Serves 25 to 30
<i>A Variety of Tropical Fruits</i>		\$57.50 Medium ~ Serves 15 to 20
Vegetable Platter with a Ranch Dip		\$55.00 Large ~ Serves 25 to 30
<i>An Assortment of fresh cut Vegetables</i>		\$47.00 Medium ~ Serves 15 to 20
Cheese and Cracker Platter		\$74.95 Large ~ Serves 25 to 30
<i>An Assortment of 5 Cheeses</i>		\$59.95 Medium ~ Serves 15 to 20
<i>With a Variety of Crackers</i>		
Strawberry Apple Salsa		\$42.50 per tray Serves 25 to 30
<i>served with Cinnamon Chips</i>		
<u>Beverages</u>		
Coffee and Tea	<i>Paper Service</i>	\$14.75 per 10 Cup Thermal
	<i>Glass Service</i>	\$15.50 per 10 Cup Thermal
<i>Includes Creamers Milkers Sugar Twin</i>		
Iced Spring Water Pitchers	<i>Paper Service</i>	\$2.00 per Pitcher
	<i>Glass Service</i>	\$2.50 per Pitcher
Fruit Punch		\$21.95 20-7oz Servings
Can Pop		\$2.25 each
Bottled or Can Juices		\$2.50 each
Bottled Water Aquafina 500ml		\$2.25 each

Hot Buffet Luncheons***Minimum order of 15 servings per selection***

Classic Meat Lasagna	Caesar Salad ~ Garlic Bread	\$17.95
Chicken Vegetable Alfredo Pasta	Garden Salad ~ Dinner Roll	\$17.95
Sweet and Sour Meatballs or Honey Garlic Meatballs	Rice ~ Seasonal Vegetables ~ Dinner Roll	\$17.95
Shepherd's Pie	Seasonal Vegetables ~ Dinner Roll	\$17.95
Meatloaf with Pan Gravy	Mashed Potatoes ~ Seasonal Vegetables Dinner Roll	\$17.95

Dietary Restriction Requests: Additional Charge \$3.00 to \$4.00**Luncheon Desserts*****Minimum order of 15 servings per selection***

Assorted Squares	\$1.35 per piece
Cookies Large	\$1.25 each
Apple Crisp	\$4.75
Pies	\$5.50 per slice (contact us for variety of choices)
Fresh Fruit Cup	\$4.95

*Contact us for other Dessert Options***Brown Bag Lunch*****Minimum order 15******\$11.75***

Deli Sandwich
 Roast Beef ~ Chicken Breast ~ Black Forest Ham and Cheese
 Chicken Salad ~ Tuna Salad ~ Egg Salad
 Home Style Cookie
 Banana
 Bottled Juice
 Candy/Napkin/Straw

Deluxe Brown Bag Lunch***Minimum order 15******\$16.45***

Deli Wrap
 Shaved Roast Beef & Honey Mustard ~ Chicken Ranch & Cheddar Cheese
 Shaved Black Forest Ham and Mozzarella Cheese ~ Chicken Caesar ~ BBQ Chicken
 Vegetables with Ranch Dip Broccoli ~ Cauliflower ~ Carrot Sticks ~ Celery Sticks
 Apple Crisp
 Trail Mix
 Bottled Juice
 Napkin/Straw/Plastic Dessert Spoon

Dietary Restriction Requests: Additional Charge \$2.00 to \$4.00**5**

Taco Bar*Minimum Order - 30*Soft Tortillas and Corn Tortillas *with Holders*

Ground Beef Mix

Chicken Breast Mix

Toppings

Red Onions *Diced*Green Leaf Lettuce *Shredded*

Fresh Cilantro

Green and Purple Cabbage *Shredded*Black Olives *Sliced*Roma Tomatoes *Diced*Bell Peppers *Sliced*Jalapenos *Sliced*

Guacamole

Cheese Blend *Shredded*

Sour Cream

Tomato Salsa

Salads

*To choose two selections from Salad Platter list Page 15**Lunch Service: Price per person: \$21.95**Dinner Service: Price per Person: Contact us for Details***Mac and Cheese Bar***Minimum Order - 30*

Traditional Macaroni and Cheese

Toppings

Bacon Bits

Ham *Diced*Pepperoni *Sliced*

Cheddar Cheese

Tomato Salsa

Jalapenos *Sliced*

Green Onions

Black Olives *Sliced*Cherry Tomatoes *Sliced*

Crumbled Pretzels

Crumbled Tortillas

Chili Flakes

Salads

*To choose two selections from Salad Platter list Page 15**Lunch Service: Price per person: \$21.95**Dinner Service: Price per Person: Contact us for Details***Sliders***Minimum Order per selection – 2 dozen*

Bacon Cheeseburger Slider

Turkey Cranberry & Dressing Slider

Ham and Swiss Slider

French Onion Beef Slider

Pulled Pork Slider

BBQ Chicken Slider

Pizza Slider

Chicken Parmesan Slider

Chicken Bacon Ranch Slider

Price per dozen: \$42.50

Platters and Boards

Fruit Platter

A Variety of Tropical Fruits

\$69.95 Large ~ Serves 25 to 30

\$57.50 Medium ~ Serves 15 to 20

Vegetable Platter with a Ranch Dip

An Assortment of fresh cut Vegetables

\$55.00 Large ~ Serves 25 to 30

\$47.00 Medium ~ Serves 15 to 20

Cheese and Cracker Platter

An Assortment of 5 Cheeses

With a Variety of Crackers

\$74.95 Large ~ Serves 25 to 30

\$59.95 Medium ~ Serves 15 to 20

Meat and Cheese Platter

An Assortment of Deli Meats and Cheeses

\$79.95 Large ~ Serves 25 to 30

Cheese Log Platter with Crackers

Pecan ~ Cranberry Almond ~ Tex Mex

\$52.95 Serves 25 to 30

Shrimp Platter with Cocktail Sauce

\$64.95 Serves 25 to 30

Charcuterie and Cheese Board

A selection of Cured and Smoked Meats

International Hard and Soft Cheeses

Complimented with Dried Fruits and Olives

Accompanied by a Platter of a Distinctive Selection of Crackers and Baguettes

\$159.95

Salsa and Chips Trays

Strawberry Apple Salsa served with Cinnamon Chips

\$42.50 per tray Serves 25 to 30

Pear Pineapple Salsa served with Sugar Chips

\$42.50 per tray Serves 25 to 30

Fresh Tomato Salsa served with Spiced Chips

\$42.50 per tray Serves 25 to 30

Dinner Menu***Minimum order 30 People***

Starter Salad	Berry Mandarin and Monterey Jack Salad \$6.95 <i>Mixed Greens with Sliced Strawberries ~Blueberries Raspberries ~ Orange Mandarins and Monterey Jack Cheese Served with Raspberry Vinaigrette</i>
	Spinach and Curried Cashews Salad \$6.95 <i>Fresh Baby Spinach with Sliced Strawberries ~ Orange Mandarins Pineapple Tidbits ~ Maple Curried Cashews and Swiss Cheese Served with Orange Poppyseed Dressing</i>
	Seasonal Harvest Salad \$6.95 <i>Crisp Romaine ~ Yellow Squash ~ Sliced Cranberries Maple Spiced Pecans ~ Pumpkin Seeds ~ Goat Cheese Served with Honey Buttermilk Dressing</i>
	Garden Salad \$5.95 <i>Spring Mix Lettuce with Broccoli ~ Cauliflower ~ Cucumber Celery ~ Red and Green Bell Pepper and Cherry Tomatoes Served with Italian Dressing</i>
	Other Salads Available on request
Starter Soup	Roasted Butternut Squash Soup \$7.25 <i>with Crème Fraîche</i>
	Roasted Red Pepper and Field Tomato Soup \$7.25 <i>Starter Soups served with sliced Baguettes</i>
	Other Soups available on request

Plated Dinners	Apple Pecan Stuffed Chicken Breast	\$29.95
	Cranberry Walnut Stuffed Chicken Breast <i>With a Maple Whiskey Sauce</i>	\$31.95
	Bruschetta and Romano Stuffed Chicken Breast <i>With a Sundried Tomato Glaze</i>	\$31.95
	Roasted Chicken Breast <i>With a Cabernet Cranberry Blueberry Sauce</i>	\$31.95
	Roasted Pork Loin with a Maple Apple Cider Reduction <i>Served with Apple Sauce</i>	\$28.95
	Dijon Rubbed Pork Loin with a Rhubarb Sauce	\$30.95
	Sundried Tomato Spinach Cheese Stuffed Pork Loin	\$30.95
	Traditional Roast Turkey Dinner <i>with Savory Dressing and Cranberries</i>	\$32.95
	Seasoned Roast of Beef <i>served with a Green Tomato Chow</i>	\$32.95

Choice of One Side *Whipped Potatoes with Side of Pan Gravy*
Garlic and Chive Whipped Potatoes
Oven Roasted Seasoned Potatoes
Seasoned Rice

Entrées Include *Vegetable Medley*
Dinner Roll
Artisan Breads and Rolls Baskets Add \$1.00 pp
House Blend Coffee and Steeped Tea
Iced Spring Water

Price includes All Dishware Silverware and Water Goblets
Setting of Tables
Table Service
Servers

Dietary Restricted Options *Additional Charge \$4.00 to \$6.00 per Dinner*

Dessert Options	Strawberry Shortcake	\$5.95
	Cheesecake with Blueberry Sauce	\$6.25
	Cheesecake with Strawberry Sauce	\$6.25
	Maple Apple Crisp	\$4.75
	<i>Warm with Vanilla Ice Cream</i> <i>add \$1.00</i>	
	Sticky Toffee Cake	\$6.25
	Pie <i>Lemon or Coconut Cream or Apple</i>	\$5.95

Dessert Selection Platter

To choose four selections ~ presented on white platters

- Maple Apple Crisp
- Strawberry Rhubarb Crisp
- Raisin Bread Pudding with Caramel Sauce
- Sticky Toffee Cake
- Chocolate Cake with Dark Chocolate Icing
- Blueberry Cheesecake

Price per person **\$5.95**

Dinner Pricing subject to Gratuity 15%

Buffet Option #1***Minimum order 30 People******Hot Meat Options****To Choose Two Meat Items*Bourbon Glazed Chicken Breast
With a Corn and Sweet Tomato Chutney

Roast Beef au Jus

Pork Loin Stuffed with an Apple Bread Dressing

Chicken Stir Fry

*Strips of Chicken Breast with Broccoli ~Cauliflower
Sweet Peppers ~ Mushrooms ~ Celery ~ Red Onions**Contact us for other Meat Options****Hot Vegetables****To Choose Two Sides`*Whipped Potatoes
Oven Roasted Potatoes
Seasoned Rice
Garden Blend Vegetables***Salad Options****To Choose Three Salads
See descriptions Page 15*Garden Salad Berry Mandarin Salad
Spinach Salad Spinach and Fruit Salad
Caesar Salad Vegetable Pasta Salad
Greek Salad Broccoli Grape and Pasta Salad
Quinoa Salad Traditional Potato Salad
Pantry Bean Salad Bacon & Red Potato Salad***Buffet Includes***Dinner Roll
Coffee and Tea
Spring Ice Water***Service Style***Buffet service with servers to assist guests
Table Service for Coffee and Tea***Price includes***All Dishware Silverware and Water Goblets
Buffet Table Linens *Black Floor Length with White Overlay*
Setting of Tables
Servers***Buffet Price \$42.95******Dietary restricted options Additional Charge \$4.00 to \$6.00 per Request*****Buffet Pricing subject to Gratuity 15%**

Buffet Option #2***Minimum order 30 People******Hot Meat Options****To Choose Two Meat Items*

Classic Meat Lasagna

Honey Garlic or Sweet and Sour Meatballs

Sweet and Sour Pineapple Pork Strips

Chicken Vegetable Alfredo Pasta

*Chile con Carne with Tortilla Chips
and 3 Blend Cheese for Topping*

Chicken Eggplant Ratatouille

Hot Vegetables*To Choose Two*

Seasoned Rice

Oven Roasted Potatoes

Whipped Potatoes

Garden Blend Vegetables

Salad Options*To Choose Three Salads**See descriptions Page 15*

Garden Salad

Spinach Salad

Caesar Salad

Greek Salad

Quinoa Salad

Pantry Bean Salad

Berry Mandarin Salad

Spinach and Fruit Salad

Vegetable Pasta Salad

Broccoli Grape and Pasta Salad

Traditional Potato Salad

Bacon & Red Potato Salad

Buffet Includes

Dinner Roll

Coffee and Tea

Spring Ice Water

Service Style

Buffet service with servers to assist guests

Coffee and Tea is table service

Price includes

All Dishware Silverware and Water Goblets

Buffet Table Linens *Black Floor Length with White Overlay*

Setting of Tables

Servers

Buffet Price \$38.50***Dietary restricted options Additional Charge \$4.00 to \$6.00 per Request*****Buffet Pricing subject to Gratuity 15%**

Salad Descriptions

Garden Salad

*Spring Mix Lettuce with Broccoli ~Cauliflower ~ Cucumber ~ Celery
Red and Green Pepper ~ Cherry Tomatoes with Choice of side Dressing*

Spinach Salad

*Fresh Baby Spinach with Mushrooms ~ Mandarin Oranges ~ Grated Egg
Cherry Tomatoes ~Mozzarella Cheese and Sliced Almonds with side Poppyseed Dressing*

Caesar Salad

*Crisp Romaine with our own Bacon Bits and Croutons
Topped with Grated Parmesan Cheese with side Caesar Dressing*

Greek Salad

*Crisp Romaine Leaves with Sliced Cherry Tomatoes ~ Cucumber ~ Red Onions ~ Bell Peppers
Kalamata Olives ~ Feta Cheese with a side of Greek Extra Virgin Olive Oil Dressing*

Berry Mandarin and Monterey Jack Salad

*Mixed Greens with Sliced Strawberries ~Blueberries ~ Raspberries ~ Orange Mandarins
Sliced Almonds ~ Monterey Jack Cheese with side Raspberry Vinaigrette*

Spinach & Fruit Salad

*Baby Spinach with Sliced Strawberries ~ Kiwi ~ Fresh Pineapple Tidbits ~ Swiss Cheese
Maple Walnuts and Sunflower Seeds with a side of Citrus Poppyseed Dressing*

Vegetable Pasta Salad

*Gemelli Pasta with Broccoli ~ Cauliflower ~ Cucumber ~ Cherry Tomatoes
Celery Green Peppers and Red Bell Peppers Mixed with a Red Pepper Parmesan Dressing*

Broccoli Grape Pasta Salad

*Bow Tie Pasta with Broccoli ~ Bacon~ Grape Halves ~ Red Onions ~ Pecans
Mixed with a Red Wine Vinegar Dressing*

Quinoa Salad

*Avocado ~ Chopped Spinach Leaves ~ Cucumber ~ Cherry Tomatoes ~ Green Onions
Maple Curry Cashews ~ Pumpkin Seeds Mixed with a Maple Balsamic Vinaigrette*

Traditional Potato Salad

Fresh Cut Potatoes ~ Grated Egg ~ Celery ~ Carrot with a Creamy Dressing

Bacon and Red Potato Salad

Fresh Cut Red Potatoes ~ Bacon Bits ~ Grated Egg ~ Celery ~ Carrot with a Creamy Dressing

Pantry Bean Salad

*Green Beans ~ Yellow Beans ~ Red Kidney Beans ~ Chickpeas ~ Sliced Onions
Marinated in our own Zesty Dressing*

- Thank you for your interest in our catering menu, should your plan include items or selections not listed in this brochure we will be happy to customize a menu for you and are looking forward to demonstrate our quality to you and your guests.
- A quotation can be provided for your function upon request.
- A minimum of 48 hours' notice for most functions is requested although every effort will be made to accommodate requests of shorter notice.
- Delivery available ~ additional delivery charge may apply for orders less than \$100.00 and for orders outside of the four towns: New Glasgow, Stellarton, Westville and Trenton.
- After finishing a catered event unused food items may be taken by the event coordinator however we cannot accept responsibilities and liabilities in relation to the quality and safety of the food after it has been taken from the catered location due to FE. Improper storage/heating.
- For dietary restriction requests proper procedures and guidelines are followed to avoid any cross-contamination, *We Do Not Operate a Nut-Free or Gluten-Free Kitchen.* We will not assume any liability for adverse reactions to foods consumed or items an individual may come in contact with at any event catered by Pantry Kitchen Catering
- Prices are subject to applicable HST
- Payment Methods: Cash, Cheque, E-Transfer, Visa, Master-Card, American Express
- Pricing in effect as of ***February 1st, 2024***

*To keep You and Our Industry Safe, We Maintain
a Valid Food Permit. License and Insurance.*